

Home Burns Safety Checklist



If yes, check the box.

Do you have working smoke alarms installed? Have you checked these recently? ☐

Is the hot water in your bathroom/ensuite delivered at no more than 50°C? If not, contact a licensed plumber to install mixing valves that safely lower the delivery temperature of water. ☐

Is your home fitted with a working electrical safety switch? ☐

Are there safety guards around fireplaces, stoves and heaters? ☐

Are children's nightwear labelled as 'Low Fire Danger'? ☐

Is there a first aid kit in your home? Check expiry dates. ☐

Is the microwave out of reach of young children and at a safe height for adults? ☐

Do you use power boards with surge protectors? ☐

Do you have window shades on your car for young children? ☐

Do you have a first aid kit and fire extinguisher in your car? ☐

Are curtains kept away from the stove? ☐

Are electrical cords out of sight and reach of children? ☐

Do you remove hot water bottles and wheat bags before getting into bed? ☐

Do you replace your hot water bottles every year? ☐

Are all chemicals and poisons kept in original containers? ☐

Are all chemicals and poisonous substances stored in a secured area out of reach of children? ☐

Does your family play in the shade, wear hats, sunscreen, sun smart clothing and shoes? ☐

Is at least 50% of your play and pool area protected from the sun's ultra violet rays by natural shade or shade structures? ☐

Do you let your hose water run cool before hosing down your desired area? ☐

Do you have a fire escape plan for your home? Do you practice it regularly with family members? ☐

Do you always use water to extinguish camp-fires and fire-pits ☐

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If you live in a bushfire prone area, does your family have a prepared and practiced bushfire survival plan?

☐

Do you always supervise children around heaters, open fires and candles?

☐

Do you store batteries, particularly lithium button batteries out of reach and dispose of them safely?

☐

Have you checked that button battery compartments on devices are secured and can't be accessed by children?

☐

Is access to the kitchen restricted by using a safety barrier?

☐

Do your appliances have short cords that do not dangle over the bench?

☐

Is the kettle, including the cord, out of children's reach?

☐

Do you use the back hot plates and turn pot handles around to prevent pots being pulled from the hot plate, or do you have a stove guard?

☐

Do you have a child-resistant lock on your oven door?

☐

Are matches, lighters, cigarettes, vapes, e-cigarettes and ashtrays stored in a place where children cannot reach them?

☐

Are cups of hot tea/coffee kept out of reach of children?

☐

Are hair straighteners and curlers unplugged when not in use and stored in a secure cupboard?

☐

PREVENT

Take action to prevent burns and scalds to yourself and others.



REMOVE

Remove yourself from danger and remove any clothing or jewellery.



COOL

Place the burn under cool, gently running water for 20 minutes.



COVER

Cover the burn with a clean dressing.



SEEK

Seek medical attention if the burn is on the face, hands, lap or feet, bigger than 20 cent piece or blistered.

Kidsafe is here to assist you. This is general information and if you require specific advice please contact us to discuss further.

Kidsafe is the leading not-for-profit organisation dedicated to the prevention of unintentional death and serious injury to children aged 0–15 years.

For more information, visit:
www.kidsafe.com.au