



Reception/Y1/Y2/Y3 Quiz

Starter/Plenary: Burns First Aid quiz

1. What is the *first* thing you should put on a burn?

- a) Aloe Vera
- b) Cool Running Water
- c) Cucumber slices
- d) Blow cool air on it
- e) Any of the above

2. How many minutes should you apply your answer to 1)?

- a) 2 minutes
- b) 5 minutes
- c) 10 minutes
- d) 20 minutes
- e) 30 minutes

3. When should you seek medical attention?

- a) If the burn is on the face, hands, lap or feet
- b) If the burn is deep or infected
- c) If the burn was caused by chemicals or electricity
- d) If the burn is bigger than a 20c coin
- e) All of the above

4. What is the most important thing to do to help someone who has a burn?

- a) Wrap the burn in cling film or a clean plastic bag.
- b) Wipe the burn with antiseptic wipes
- c) Cool the burn under cool running water
- d) Give them a cup of tea
- e) Give them a hug