

JUNE

NATIONAL  
**BurnsAwareness**  
MONTH

## First Aid Treatment for **Minor** Burns



### Prevent

Take action to prevent burns and scalds



### Remove

Remove yourself from danger.

Remove any clothing and jewellery from the burn area.



### Cool

Place burn under cool running water for 20 minutes.



### Cover

Apply a hydrogel such as Burnaid to help relieve the pain and cover with a clean dressing.

Seek medical assistance if clothing is stuck to the burn site, if the burn is on the face, hands, lap or feet, or if the burn is bigger than a 20 cent piece.

**National Burns Awareness Month** is brought to you by **Kidsafe Australia** with the support of **Burnaid**®.

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Always seek medical assistance for more serious burns. Burnaid is for the first aid treatment of minor burns. Always read the label. Use only as directed. If symptoms persist, see your healthcare professional. ® BU RNAI D is a registered trade mark.

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